



## Second Annual Mom's Camp! April 17th-19th, 2009

Camp Winnamocka Hosts a Weekend  
Devoted to Camp Moms and their Friends!

**Attention Ladies!** Join us for an incredible weekend of relaxation, fun, and bonding Winnamocka style!

Have you heard your kids talking about the awesome activities they get to enjoy during their summer at Winnamocka? Have you heard about our dee-licious homestyle meals? And what about our unique and fun Winnamocka staff? Well, it's about time to come find out what all the fuss is about!

### DETAILS:

**Arrival Date:** Friday, April 17th, 2009 from 6:00 p.m.—7:00 p.m.

**Departure Date:** Sunday, April 19th, 2009 after breakfast and Closing Slideshow

**Cost:** \$150 per person

### **What is included:**

*Meals:* Opening Dinner Friday Evening; Saturday Breakfast, Lunch & Dinner; Closing Breakfast Sunday Morning

*Accommodations:* You will stay in Fort Jackson's Pioneer Fort (air-conditioned & private baths)

*Activities:* A great sampling of Winnamocka activities including treasure hunts, low ropes, high ropes, funyaking races, water balloon launching, swimming, campfires, Saturday night Luau and much more! All activities are "Challenge By Choice," which means you decide if you would like to just watch, cheer or participate!

### *Optional & Extras:*

Sign-up for an hour long massage during your retreat for just \$50 more!

### Example Schedule... Subject to Change (this is just a sample)

#### Friday

6-7 p.m. Arrival and Greeting; Meet your Cabin Counselors and Fellow Retreaters!

7-7:30 Introductions & Icebreakers

7:30 Dinner in the Wilderness Lodge

8:30 Cabin Meetings; Check Treemail,

9:30 Spirit Stick/ Camp Fire Stories

Free Time & Hot Tubbing

#### Saturday

8:30 a.m. Breakfast in the Wilderness Lodge

9:15 Begin Cabin Activities; Ropes Course, Canoeing, Low Ropes, etc.

12:00 Lunch in the Wilderness Lodge

1:00-1:30 p.m. Free Time, Swimming, Lounging

1:30 Resume Cabin Activities; Funyaking, Tom's Swimmin' Hole, Rock Climbing

4:30 Free Time, Swimming, Showers

6:00 Hayride to Tropical Luau and Hawaiian Feast

#### Sunday

6:30 a.m. Early Risers Sunrise Continental Breakfast in the Treehouse

8:30 Full Breakfast and Closing Slideshow in the Wilderness Lodge

## How do I get registered?

Go to our website, [www.winnamocka.com](http://www.winnamocka.com), and click on the [4th Annual Mom's Camp](#) link. Then just fill out the online form under [Register Here](#).

NOW YOUR CHILD CAN LOG ON TO THE CAMPARENT NEWSLETTER AND SEE PICS OF YOU AT WINNAMOCKA!

Balance is due by April 13th, 2009. A full refund will be issued if a cancellation is made before March 28. If a cancellation is made after this date, the \$50 deposit is non-refundable.

Call us with ANY questions!

## What to bring!

Bedding: Sheets, Pillow, Blanket, Towel, Toiletries, Comfortable Clothes & Tennis Shoes, Luau Attire, Swimsuit & Beach Towel if desired, Ice Chests, Cokes and/or Adult Beverages if desired

### Special points of interest:

- ☺ Activities are "Challenge By Choice"-You set your own limits!
- ☺ Delicious Food!
- ☺ Make Wonderful Friends!
- ☺ All-Inclusive Vacation!
- ☺ Your KIDS will be IMPRESSED!

## Frequently Asked Questions

**Can I bring friends or do they have to have campers that go to Winnamocka in the summer?**  
*We encourage you to bring friends, neighbors, sisters or mothers! This is a time to socialize with other adults regardless of their Winnamocka connection!*

**What if I need to leave early or arrive a bit late?**  
*Even though we do encourage you to experience the entire retreat, we do understand our moms' busy schedules. Just let us know your plans in advance, and we will accommodate!*

**I'm a bit anxious about some of the activities?**  
*Come, enjoy, set your own pace- participate or just enjoy cheering others on. This is a time to meet new people and experience new adventures all by your own choice!*

**Are outside snacks and drinks allowed?**  
*Yes! We are going to feed you well, however if you want to pack that bag of chips or ice chest of soft drinks or adult beverages of your choice - go right ahead! We understand everyone winds down in their own fashion, and we respect everyone's way of doing so.*

## Just in case...

This is our Fourth Mom's Camp at Winnamocka! We are so excited to be able to offer this unique adventure for ladies! Because this is still new, we understand it might take a few years to catch on. We really need 25 ladies to make this retreat a success. We will know by March 28th. If we have the numbers we will be all set. If we don't this year, we will refund any and all of your money and try 'er again next year. So, round up your buddies and let's make this weekend an event to remember!